



ANTI-BULLYING ADVICE



FOR CHILDREN



2024

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2025

SEPTEMBER

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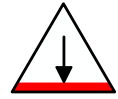
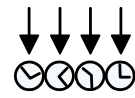
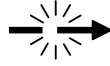
- Advice for Bullies



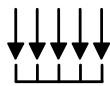
- Cyberbullying



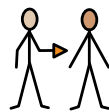
WHAT IS BULLYING?



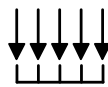
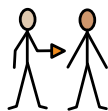
- It is when it happens on a regular basis



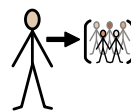
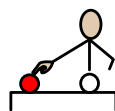
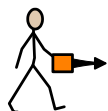
- Being mean all the time



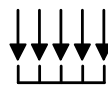
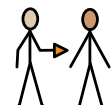
- Physically hurting you




- Calling you names all the time







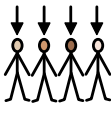
- Taking things that belong to you


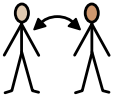
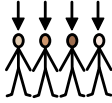




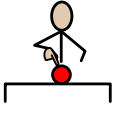
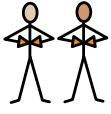

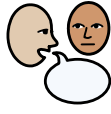
- Leaving you out all the time

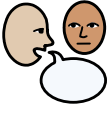

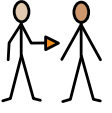

? 
BEING KIND



-   
Bullying is not ok

- ?  
Be nice to everyone

-   +  
Look after each other and everyone's things

-     + 
Think about what we do and say

-     ?!
Talk to adults if you have a problem or

 
someone is being unkind



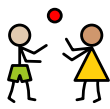
HOW TO BE A GOOD FRIEND



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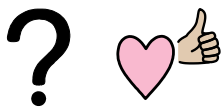
- Be nice and polite



- Play nicely



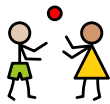
- Share things



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- Be kind and helpful



- Play together

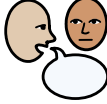

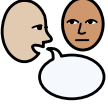






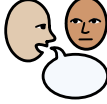



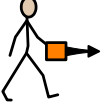







- Treat people with respect



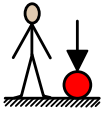
ADVICE

IF YOU SEE BULLYING:

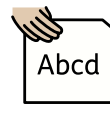
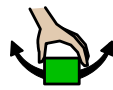
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 Talk to the staff
- 






 Tell other children it is not ok to bully
- 



 Talk to someone at home
- 



 Take the person being bullied to an adult
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 Shout stop



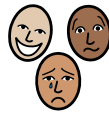
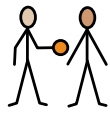
ADVICE FOR BULLIES



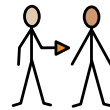
- Stay calm



- Try not to use unkind words



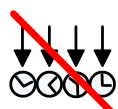
- Talk about your feelings



- Find an adult to help you think about



things



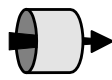
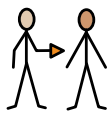
- Bullying is never ok



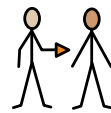
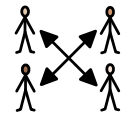
CYBER BULLYING



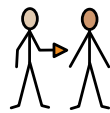
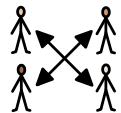
- Cyber bullying is when someone bullies



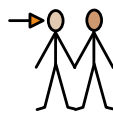
you through the computer



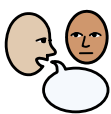
- Don't meet with anyone you don't know



- Don't talk to anyone you don't know



- Ignore them



- Tell an adult you know and trust