

## Appendix 10: Residential Education Centre Weekly Overview

Time	Activity	Skills
7.00-7.50am	Waking Up Brushing Teeth Washing Getting Dressed	Dressing Washing at the sink Teeth Brushing Hair Brushing Personal Hygiene Independence Awareness of others
7.45am	Medication	Independence Turn Taking
7.50-8.30am	Breakfast	Drinking Eating Mealtime Rules Mealtime Independence Social Skills Turn Taking Laying tables Clearing up Asking for items Being safe

8.30-8.45am	Ready for school Tokens Zones of Regulation	Self-Evaluation Independence Self-Regulation Self-Knowledge
3.30-4.15pm	Activity	Turn Taking Negotiation Staying safe Attempting and completing tasks Resilience when attempting new/difficult tasks Asking for help Friendship and social skills Physical Activity
4.15-5pm	Getting changed Free play	Dressing skills Choosing Negotiation Friendship and social skills Relaxing
5-6pm	Tea	Drinking Eating Mealtime Rules Mealtime Independence Social Skills Turn Taking

		<p>Laying tables Clearing up Asking for items Being safe</p>
6-6.45pm	Activity	<p>Turn Taking Negotiation Staying safe Attempting and completing tasks Resilience when attempting new/difficult tasks Asking for help Friendship and social skills Physical Activity Imagination skills Understanding of how the world works</p>
6.45-7.45pm	<p>Skype Phone calls Shower/Bath Getting ready for bed Snack Brush Teeth</p>	<p>Independence Computer skills Keeping safe online Eating Drinking Dressing Teeth hygiene</p>
7.45-7.55pm	Story time	<p>Fostering a love of reading/storytelling Asking questions Understanding emotions</p>

		Being a good friend Families Turn taking Sharing
8pm	Bedtime	Sleep hygiene Asking for help Sleeping through the night